

# Transitioning Adolescents to Adult Care: Are YOU Prepared?



**FREE CME/CE**  
for physicians, PAs,  
RNs, LPNs, ARNPs,  
social workers and other  
allied health practitioners

Online modules offer  
valuable training for *all*  
practice staff!



Accredited by the Florida  
Medical Association and  
Florida Board of Nursing

Earn up to 4 contact hours

[www.aheceducation.com](http://www.aheceducation.com)



Does your practice have a policy for transitioning patients  
to an adult model of care?

What steps do you take to prepare adolescents  
and their families for changes in adulthood?

The American Academy of Pediatrics, American Academy of Family Physicians, and American College of Physicians recommend transition planning as a standard of care for *all* adolescents. **Health Care Transition Training for Health Care Professionals** will equip you with the knowledge and tools you need to facilitate smooth transition for every patient, including those with special health care needs.

This online course from FloridaHATS includes evidence-based materials from Got Transition's Six Core Elements 2.0, a tip sheet on coding and reimbursement, and condition-specific tools for subspecialists from the American College of Physicians. You will learn about developmental, social, legal, and financial considerations in planning for transition, using interactive tools and a Florida-specific planning algorithm to connect to local services and resources.

**Health Care Transition Training for Health Care Professionals** is comprised of 10 sequential modules, each lasting about 15 minutes. You can link to the modules below or go to [www.FloridaHATS.org](http://www.FloridaHATS.org). For free CME/CE credit, visit [www.aheceducation.com](http://www.aheceducation.com). Quality improvement methods, videos, and a downloadable Course Toolkit are used throughout these sessions:

1. Introduction
2. Adolescent Development
3. Working with Caregivers
4. Assessing Transition Readiness
5. Patient Skill Development
6. Legal & Financial Aspects
7. Insurance
8. Working with Adult Medicine
9. Care Transfer
10. Conclusion

FloridaHATS offers many additional web-based resources for both practitioners and consumers, including a searchable Health Services Directory for Young Adults.

For more information:  
Janet Hess, DrPH, University of South Florida,  
[jhess@health.usf.edu](mailto:jhess@health.usf.edu) or (813) 259-8604.



Hear from young people  
about their health care  
transition experiences and  
what they think is important.

