

## **HillsboroughHATS Coalition Meeting Minutes November 18, 2014**

In attendance: Dr. Danny Plasencia (St. Joseph's Complex Clinic), Amanda Vasquez (USF Diabetes Center), Mark Engleson (USF School of Social Work/student intern), Allison Hebert (St. Joseph's Complex Clinic), Dr. Henry Rodriguez (USF Diabetes Center), Kim Black (Hillsborough County Health & Social Services), Glenn Fite (Special Olympics), Allison Rapp (Healthy Community Tampa Bay), Leslie Mellin (St. Joseph's Complex Clinic), Dr. Diane Straub (USF Adolescent Medicine), Pat Sandoval (Hillsborough County Health Department), Shelbea Houston (Special Olympics), Dr. Maria Russ (Hillsborough County School Nurses), Marybeth Dunn (Coalition Coordinator), Dr. Janet Hess (USF, FloridaHATS Project Director)

### 1. Outreach to MMA leadership

- a. Ms. Dunn provided a list of Medical Directors for the MMA plans that cover Hillsborough County.
- b. It was suggested that a small group of coalition members attend advisory group meetings for the MMAs. Ms. Sandoval will give us information on the Amerigroup meeting. Dr. Russ will provide contact info for a person who is pulling together a meeting of all the groups. If possible we will try to get on the agenda.
- c. Before attending any meetings, we will determine our messaging, i.e. what do we want to convey to MMA leadership, what might their objections be, and how do we address those objections?

**Action:** Once MMA-related meeting information is forwarded to Ms. Dunn, a small working group (to include Dr. Plasencia) will plan meeting participation and develop messaging.

### 2. HCT Training Course

- a. Dr. Hess gave an overview of the newly revised HCT Training Course (see attached).
- b. The coalition will disseminate info about the HCT Training Course electronically, and via community events and face-to-face meetings with providers and clinical staff.
- c. It was suggested that, in addition to the groups identified in the PPT, we contact the HCMA (Dr. Rodriguez will provide contact); USF College of Public Health (Ellen Kent); APD Care Coordinators; as well as association chapters for Internal Medicine, Family Practice, and Pediatric Nurse Practitioners.
- d. Ms. Vasquez will disseminate the flyer to USF School of Social Work as well as social workers/case managers at All Children's Hospital.
- e. Ms. Black will help facilitate contact with local federally qualified health centers: Tampa Family Health Centers and Suncoast Community Health Centers

**Action:** Ms. Dunn will request/follow-up with local and regional organizations regarding electronic dissemination of flyer.

### 3. Special Olympics

- a. Mr. Fite is seeking a volunteer medical coordinator to staff monthly competition events. The time commitment is approximately 2-5 hours on a weekend and one staff meeting per month.

b. Ms. Rapp from Healthy Community Tampa Bay described the Healthy Athletes Program and requested:

- Medical professionals in almost any discipline to volunteer for screenings, become volunteer clinical directors and/or agree to be part of their referral base.
- Two groups of 10-15 people with low-moderate ID/DD for a 10-week Health Education Course. The course can be brought to them or it can be hosted at the new Healthy Community site, adjacent to the MacDonald Training Center. The course has been implemented in our South Florida Health Community and has been very successful.
- For more information contact Ms. Rapp at 813-470-0518, or visit [www.specialolympicsflorida.org](http://www.specialolympicsflorida.org)

Everyone was reminded to bring HillsboroughHATS materials with them when attending community events. We ask that you promote the website [www.floridahats.org](http://www.floridahats.org) and link to it from your own sites.

Thanks to all who are helping to ensure a successful transition for all adolescents and young adults. And thanks to Allison Hebert for the coffee!



## Health Care Transition Training for Health Care Professionals

November 18, 2014

### HCT Training Redesign: Approach for Course Update

- Applied adult learning best practices
  - Brief, targeted to learning objectives
  - Familiar format
  - Embedded interactivity – videos, questions
  - Natural breaks, chunks
  - Active voice
  - Repetition
  - Avoid density, multiple media on single slide

### Training Components

- Utilized content from earlier course
- Updated with new evidence-based materials
  - 2011 Clinical Report – Supporting the Health Care Transition from Adolescence to Adulthood in the Medical Home
  - 2014 Six Core Elements 2.0
  - FLHATS materials, JaxHATS Transition Tool Kit
  - Supports CMS care coordination module for transition
- Physician MOC Part IV QI training available nationally, through Illinois project (Peds, Family, IM)
  - FLHATS to promote MOC among physicians
  - FL training to compliment MOC

### (Cont'd) Training Components

- Split into shorter learning modules
  - 10 modules, 15-20 minutes each
  - Full course length is 2.5 – 3 hours
- Florida AHEC Network
  - Up to 4 free CMEs/CEUs for Florida health care professionals
  - Structured in 2 parts (2 CME per part)
- Modules and handouts also posted on FLHATS web site
  - Available to everyone; appropriate for clinical support staff, graduate students in health related fields, medical/nursing school students, etc.
  - Direct FLHATS web users to AHEC course

### Training Course Modules

<p>Part I:</p> <ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Adolescent Development</li> <li>3. Working with Caregivers</li> <li>4. Assessing Transition Readiness</li> <li>5. Patient Skill Development</li> </ol>	<p>Part 2:</p> <ol style="list-style-type: none"> <li>6. Financial/Legal Considerations</li> <li>7. Insurance</li> <li>8. Working with Adult Medicine</li> <li>9. Care Transfer</li> <li>10. Conclusion</li> </ol>
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### Training Module Outline

- I. Learning Objectives
- II. Significance
- III. Evidence-base
- IV. Barriers
- V. In practice
- VI. Using strategies and tools
- VII. Discuss with patients and caregivers
- IIX. Key Points
- IX. Resources
- X. References/citations

September 2014 [www.floridahats.org](http://www.floridahats.org)

## Transition to Adult Care Are YOU Prepared?

FREE CME/CE for Physicians, PA's, RN's, LPN's, MNPT's, and other adult health practitioners

Does your practice have a policy for transitioning patients to an adult model of care? What steps do you take to prepare adolescents and their families for this change?

The American Academy of Pediatrics, American Academy of Family Physicians, and American College of Physicians announced transition planning as a marker of care for all adolescents. **Health Care Transition: Training for Health Care Professionals** will equip you with the knowledge and tools needed to facilitate smooth transitions for your patients, including those with special health care needs.

The certificate course from FloridaHATS includes evidence-based materials such as the **Five Core Elements of Health Care Transition: 1) Joint Care Transition, 2) Patient-Centered Care, 3) Transition-Ready Patients, 4) Transition-Ready Practices, 5) Transition-Ready Systems**. You will learn about development, tools, legal, and implementation considerations in planning for transition, management tools, and a Florida-specific planning algorithm to assist in joint review and services.

Health Care Transition Training for Health Care Professionals is composed of 12 separate modules, each averaging about 15 minutes. You can watch the modules whenever you want. [www.floridahats.org](http://www.floridahats.org) has links to each module and a certificate of completion. Other departmental details, dates, and a downloadable Course Toolkit are available throughout these sessions.

1. Introduction
2. Adolescent Development
3. Working with Caregivers
4. Identifying Transition Readiness
5. Patient Skill Development
6. Legal and Insurance Issues
7. Insurance
8. Working with Adult Medicine
9. Care Transition
10. Conclusion

How does your practice address health care transition? What are the barriers? How do you address them?

Accredited by the Florida Medical Association and the American Board of Pediatrics. Earn up to 4 contact hours. [www.floridahats.org](http://www.floridahats.org)

FloridaHATS offers many additional web-based courses for both practitioners and consumers, including **Transition: Health Services**, **Transition: The Young Adult and Consumer Transition Toolkit**.

For more information, contact Janet Pines, LMPT, MEd, at the Division of End. Med., [Janet.Pines@flhhs.org](mailto:Janet.Pines@flhhs.org) or call up 813-738-2600.

[www.floridahats.org/?page\\_id=2206](http://www.floridahats.org/?page_id=2206)

## Statewide Promotion

- CMS TRAIN, for new hires and yearly training
- Flyer distributed to:
  - Florida Chapter AAP
  - Florida Nurses Association
  - Florida Association of Nurse Practitioners
  - Florida School Nurses Association
  - Florida Association of Children's Hospitals
  - Florida Association of Community Health Centers (FQHCs)
  - FloridaHATS list serve (~ 300 stakeholders)
  - Health Care Transition Research Consortium (national list serve)

## Regional Promotion

- Request for flyer distribution sent to:
  - Hillsborough County Pediatric Society
  - Hillsborough County School Nurses
  - Health Point and Pediatric Healthcare Alliance
  - USF Nursing and Medical Schools
  - University of Tampa Nursing Program
  - South University Nursing Program
- Need additional outreach from Coalition members and regional CMS leaders:
  - Tampa Bay area group practices, medical associations, health-related graduate education programs, hospitals

## CMS – FACHC Memorandum of Agreement

- MOA to facilitate smooth transition of YSHCN to FQHC adult medical homes
  - When appropriate, CMS Care Coordinators will refer CMS patients to, and communicate with, FQHC providers
  - FACHC will encourage CMS credentialing among FQHC providers
  - **GME/training at FQHCs about transition**