

# HillsboroughHATS

www.floridahats.org

Happenings

Fall 2014

## Updated Health Services Directory for Young Adults

**A searchable database of health care programs and providers that serve young adults, including those with disabilities or chronic health conditions**

This year, the [Health Services Directory](#) has been updated to include:

- An expanded “services description” section
- Additional data:
  - ✓ *Age range* of population accepted;
  - ✓ *Special populations* served (e.g., DD);
  - ✓ What *languages* services are provided in;
  - ✓ Whether the practice accepts *Medicaid*.

In addition to updating the fields, all listed programs were contacted to ensure program information is accurate and current.

Of the 280 practices reached, 90 had updates and 19 were deleted for various reasons, such as the provider was deceased or retired and the practice closed.

An additional 66 practices were added: 10 Tampa General Hospital Family Care Centers and 56 from the USF Center for Autism and Related Disabilities (CARD) database.

**Please help us keep the Directory up to date by letting us know about resources you think should be included!**

Instructions on how to add a service, update an existing entry, or recommend programs are listed on the Directory [Submission](#) page on our website, [www.floridahats.org](http://www.floridahats.org).

## Pediatric Provider Outreach

Much of our outreach efforts this year were focused on pediatric providers. Our goal was to educate the providers about the importance of discussing transition early with patients, and providing resources to help with the process.

A [one-page flyer](#) was developed and sent out to the majority of the pediatric practices in the county, including local members of Hillsborough County Pediatric Society; Health Point Medical Group; Pediatric Health Care Alliance; National Association of Pediatric Nurse Practitioners; and Graduate Schools of Nursing at the University of South Florida, South University and the University of Tampa. The flyer can be downloaded [here](#).



**Transition to Adult Care: Are YOU Prepared?**

- Does your practice have a policy for transitioning patients to adult care?
- What steps do you take to prepare adolescents and their families for the change?
- Did you know the AAP and other major professional associations recommend transition planning as a standard of care for *all* patients?

Chances are that you could use some help setting up processes and activities that support smooth, successful transition for your patients. Hillsborough Health and Transition Services (HATS), a partner of the statewide FloridaHATS, offers free, online resources to assist with integrating evidence-based transitional care in your practice.

**Transition Toolkit.** Through a short set of interactive questions based on AAP clinical guidelines and the Six Core Elements of Transition, the toolkit helps you determine which instruments and services are needed in your practice. Standardized instruments and Florida-specific materials can be downloaded and adapted for your particular needs.

For patients with disabilities or other special health care needs, the toolkit provides resources for SSI, guardianship, Medicaid waiver programs, employment, independent living, and self-advocacy.

**Health Services Directory for Young Adults.** This online database allows you to search for adult-oriented services providers and programs that serve individuals with disabilities, by community, county, key word or type of service.

**FloridaHATS Web Site.** The site contains a wealth of information for both consumers and providers, including condition-specific transition instruments and materials, instructional videos for patients, and much more.

For additional information or assistance with transition resources in Hillsborough County, contact:  
 Joane White, Family Support Worker  
 Children's Medical Services  
 (813) 396-9772 - [Joane.White@health.gov](mailto:Joane.White@health.gov)

**HillsboroughHATS**  
 (Health and Transition Services)

### Highlights:

FloridaHATS Website

Services Directory

Transition Toolkit

Contact Joane White at CMS for information

# Redesigned Health Care Transition Training for Health Care Professionals

**Up to 4 FREE CME/CE for Physicians, Nurses and Allied Professionals**

A new release of [Health Care Transition Training for Health Care Professionals](#) aims to provide Florida practitioners and support staff with an in-depth understanding of the importance of health care transition, along with steps to facilitate a systematic, smooth process. The course was updated in 2014 to include new evidence-based materials, including the 'Six Core Elements of Health Care Transition 2.0' from Got Transition/Center for Health Care Transition Improvement.

Participants will learn about developmental, legal, financial and social considerations in planning for transition, using interactive tools and a Florida-specific planning algorithm with links to local services and resources.

The modules can be accessed at [www.FloridaHATS.org](http://www.FloridaHATS.org) (available to all) or [www.aheceducation.com](http://www.aheceducation.com) (CME/CE for Florida practitioners).

September 2014 Visit [www.FloridaHATS.org](http://www.FloridaHATS.org)

## Transition to Adult Care Are YOU Prepared?

**FREE CME/CE** for physicians, PAs, RNs, LPNs, ARNPs, and other allied health practitioners

Online modules offer valuable training for all practice staff!

Does your practice have a policy for transitioning patients to an adult model of care?  
What steps do you take to prepare adolescents and their families for the change?

The American Academy of Pediatrics, American Academy of Family Physicians, and American College of Physicians recommend transition planning as a standard of care for all adolescents. Health Care Transition Training for Health Care Professionals will equip you with the knowledge and tools you need to facilitate smooth transition for every patient, including those with special health care needs.

This new course release from FloridaHATS includes evidence-based materials such as the Six Core Elements of Health Care Transition 2.0 from Got Transition, the national Center for Health Care Transition Improvement. You will learn about developmental, social, legal, and financial considerations in planning for transition, using interactive tools and a Florida-specific planning algorithm to connect to local services and resources.

Health Care Transition Training for Health Care Professionals is composed of 10 sequential modules, each lasting about 15 minutes. You can link to the modules below or go to [www.FloridaHATS.org](http://www.FloridaHATS.org). For CME/CE credit, visit [www.aheceducation.com](http://www.aheceducation.com). Quality improvement methods, videos, and a downloadable Course Toolkit are used throughout these sessions.

1. Introduction
2. Adolescent Development
3. Working with Caregivers
4. Assessing Transition Readiness
5. Patient Skill Development
6. Legal & Financial Aspects
7. Insurance
8. Working with Adult Medicine
9. Care Transfer
10. Conclusion

Accredited by the Florida Medical Association and Florida Board of Nursing

Earn up to 4 contact hours

[www.aheceducation.com](http://www.aheceducation.com)

Graduating from pediatric to adult care  
**Florida HATS**  
Health and Transition Services

FloridaHATS offers many additional web-based resources for both practitioners and consumers, including a searchable Health Services Directory for Young Adults and interactive Transition Toolkit.

For more information, contact Janet Hess, DrPH, MPH, at the University of South Florida, [jhess@health.usf.edu](mailto:jhess@health.usf.edu) or (813) 259-8604.

Hear from young people about their health care transition experiences and what they think is important.

## Community Events and Educational Opportunities

**Please include HATS materials along with your agency materials at the next event you attend!**

HillsboroughHATS members have presented and/or distributed materials to these groups in 2014: Tampa Family Health Center Community Festivals; Florida Diagnostic and Learning Resources; Hillsborough County School District Nurses and Transition Fairs; Hillsborough County Community Alliance Committee; USF CARD Health & Wellness Symposium; USF medical, public health, and behavioral health students/faculty; Special Olympics; YES F.A.I.R. and Community Resource Day; Youth Resource Exchange and the Hillsborough County Pediatric Society.

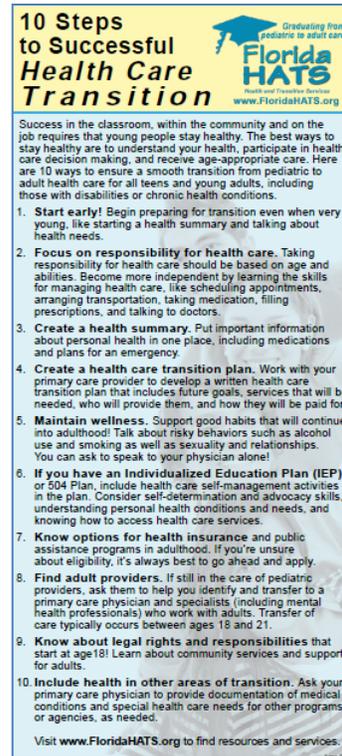
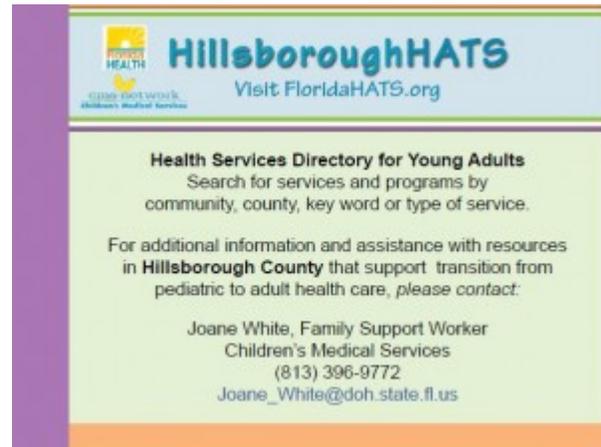
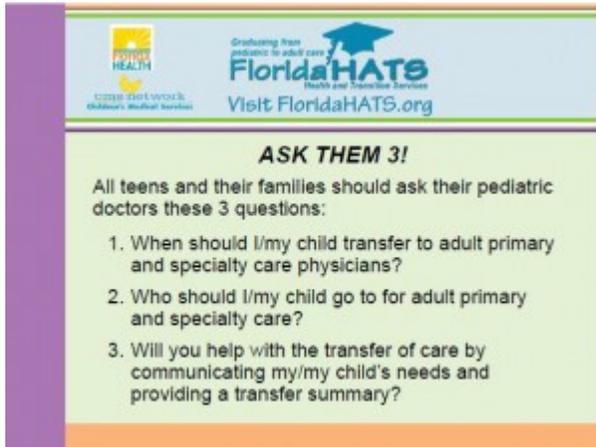
We encourage all HillsboroughHATS partners to help spread the word about HATS and the many health care transition resources that are available. You can do that by making HATS materials available to your clients, bringing materials with you to community events, and linking to the FloridaHATS web site.

To make it easier to represent HillsboroughHATS in the community, we have a [Presenter Tip Sheet](#) posted on the [Coalition](#) web page, which includes the basic information to relay to your audience such as background on FloridaHATS, available resources, and a list of materials to bring to the event.

Please contact Marybeth Dunn (727-272-5251, [Marybeth@psrflorida.org](mailto:Marybeth@psrflorida.org)) and let her know your materials needs (see next page for a description of available materials). Also let her know about upcoming Transition or Youth Resource Fairs, or any other event you feel would be appropriate for HillsboroughHATS to attend. We'll add it to our [Events Calendar](#). By working together, we can help families and youth become better prepared for adulthood!

# Materials to Help your Patients and Clients with Transition

A 2-sided [postcard](#) that prompts teens and their families to ask their pediatricians 3 important questions (borrowed from the national *Ask Me 3* campaign!)



[10 Steps to Successful Health Care Transition](#) is pocket card available in English/Spanish and English/Haitian Creole.

These are just a sampling of the many resources available for providers and families. Please take some time to review the [FloridaHATS](#) website. You'll be glad you did!

## SAVE THE DATE!

The Coalition will meet on **Tuesday, November 18, 8:30 AM, St. Joseph's Hospital, Command Center. Meeting agenda and parking instructions will be emailed prior to the 18<sup>th</sup>.**