



Graduating from
pediatric to adult care

FloridaHATS
Health and Transition Services

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Transition to Adult Care: Are **YOU** Prepared?

- Does your practice have a policy for transitioning patients to adult care?
- What steps do you take to prepare adolescents and their families for the change?
- Did you know the AAP and other major professional associations recommend transition planning as a standard of care for **all** patients?

Chances are that you could use some help setting up processes and activities that support smooth, successful transition for your patients. Florida Health and Transition Services (HATS) offers free, online resources to assist with integrating evidence based transitional care in your practice.

Transition Toolkit. Through a short set of interactive questions based on AAP [clinical guidelines](#) and the [Six Core Elements of Transition](#), the toolkit helps you determine which instruments and services are needed in your practice. Standardized instruments and Florida-specific materials can be downloaded and adapted for your particular needs.

For patients with disabilities or other special health care needs, the toolkit provides resources for SSI, guardianship, Medicaid waiver programs, employment, independent living, and self-advocacy.

Health Services Directory for Young Adults. This online database allows you to search for adult-oriented service providers and programs that serve individuals with disabilities, by community, county, key word or type of service.

FloridaHATS Web Site. The site contains a wealth of information for both consumers and providers, including condition-specific transition instruments and materials, instructional videos for patients, and much more.

For additional information or assistance with transition resources, please contact Janet Hess, (813) 259-8604, jhess@health.usf.edu