

Module 9:
Conclusion

Wrapping Up - Getting Started!

- ▶ Key points
- ▶ Using tools
- ▶ Choose next steps

▶ 2

Introduction to Transition

- ▶ Health care transition is a process
- ▶ Best started early
- ▶ Foundation for successful overall transition
- ▶ Within existing school-based transition prep

▶ 3

HCT = Successful Transition to Adulthood

- ▶ Work and independent living rely on health
- ▶ Addressing health care transition assures
 - ▶ Healthy
 - ▶ Ready to work
 - ▶ Fully participate in community

▶ 4

HCT & YSHCN

- ▶ YSHCN:
 - ▶ Chronic physical conditions
 - ▶ Developmental conditions
 - ▶ Common chronic conditions
 - ▶ Elevated level of service needs
- ▶ 1/3 of Florida students in special education are YSHCN
- ▶ Adverse learning impacts
- ▶ Increased importance of transition

▶ 5

Working with Parents during Transition

- ▶ Independence in self-care
- ▶ Build gradually
- ▶ Practice

▶ 6

Adolescent Development and Transition

- ▶ Developmental processes
- ▶ Transition stages
- ▶ Support self-efficacy

▶ 7

Working with Health Care Community

- ▶ Healthcare transition:
 - ▶ Youth taking responsibility for own health care
 - ▶ Transfer older to adult-oriented providers
- ▶ Successful transition to adulthood is interdependent with health care transition
- ▶ Educators and health care providers are natural partners during transition preparation

▶ 8

Health Insurance and Transition

- ▶ Specific information for individual needs
- ▶ Dense, but important
- ▶ Be persistent!

▶ 9

Legal and Financial Considerations

- ▶ Range of options
- ▶ Use the transition plan
- ▶ Start early

▶ 10

Assessing HCT Skills

- ▶ Assess annually
- ▶ Planning Guides support TRAQ
- ▶ All students start with first guide
- ▶ Use this to make mandated activities easier

▶ 11

Developing Health Care Skills

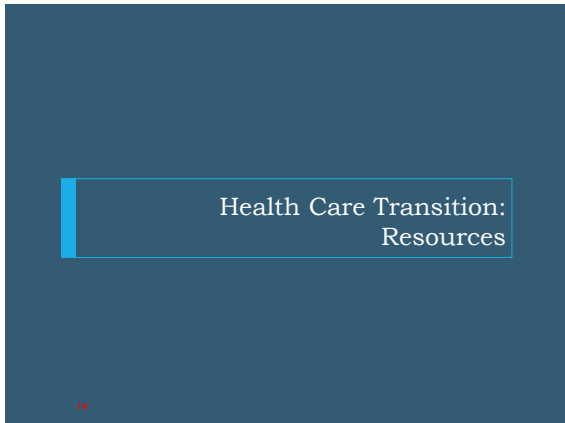
- ▶ Include health care skills when creating IHPs/504s/IEPs
- ▶ Address 1-3 skills
- ▶ Tailor tools & activities to individual needs
- ▶ Review and update at plan meetings

▶ 12

Care Transfer

- ▶ Care transfer akin to culture shock
- ▶ Prepare student for care transfer
 - ▶ Event itself
 - ▶ New providers
- ▶ Goal: Avoid interruptions in care

▶ 13



Florida HATS



▶ 15

FloridaHATS Tools

- ▶ TRAQ
- ▶ Transition 2 Go:VR
- ▶ 3 Planning Guides
- ▶ Transition Health Care Summary
- ▶ 3 Activity Booklets
- ▶ Just the Facts: Insurance Guide
- ▶ Transition 2 Go: Guardianship

▶ 16

Got Transition

- ▶ 6 Core Elements
- ▶ Tools for Family Medicine
- ▶ Tools for Internists
- ▶ Sample transition policy
- ▶ Facebook page for youth
- ▶ Newsletter for caregivers

▶ 17

Adolescent Development Resources

- ▶ Bright Futures 3rd Edition Pocket Guide
- ▶ Gradual Release of Responsibility resource
- ▶ Self-Efficacy Tip Sheet – Providers
- ▶ Self-Efficacy Guidance – Caregivers
- ▶ Sexuality Across the Lifespan for Children and Adolescents with Developmental Disabilities

▶ 18

Tools for Working with Health Care Community

- ▶ CMS Plan
- ▶ Care coordinators
- ▶ Path to Independence
- ▶ Got Transition
- ▶ Task Force Report
- ▶ Complementary training for medical providers

▶ 19

Tools for Health Insurance

- ▶ healthcare.gov/young-adults ▶ healthykids.org
- ▶ Florida Division of Consumer Services ▶ Healthy Kids Benefit Summary
- ▶ Extraordinary Parent ▶ Florida Medicaid
- ▶ Navigators ▶ Medicaid regional offices list
- ▶ Agency for Persons with Disabilities

▶ 20

Financial Tools

- ▶ Ticket to Work
- ▶ Plan for Achieving Self-Support
- ▶ Vocational Rehabilitation
- ▶ Centers for Independent Living listing
- ▶ Benefits for Children with Disabilities
- ▶ ssa.gov
- ▶ Disability Determination Services in Florida

▶ 21

Decision-Making Tools

- ▶ Legal Guide for New Adults
- ▶ Florida Disability Rights
- ▶ Guardianship application form
- ▶ Center for Supported Decision-Making

▶ 22

Tools for Assessing HCT Readiness

- ▶ TRAQ
- ▶ Planning Guides
- ▶ Center for Transition Improvement
- ▶ Illinois Transition Care Project
- ▶ Weisman
- ▶ Florida Department of Education

▶ 23

Tools for Developing HC Skills

- ▶ My Health Care: Student Curriculum
- ▶ My Health Passport
- ▶ What's Health Got to Do with Transition? Student Curriculum
 - ▶ Downloadable apps
 - ▶ My Medical
 - ▶ My Med Schedule
- ▶ Transition Plan
- ▶ Project 10
- ▶ Since You're Not a Kid Anymore
- ▶ Health Goals and IEPs
- ▶ Now That You're in High School
- ▶ Embedding Health Goals and IEPs
- ▶ When You're 18, You're in Charge
- ▶ FFAST
 - ▶ Assistive Technology
 - ▶ Equipment
- ▶ Health Care Transition Summary

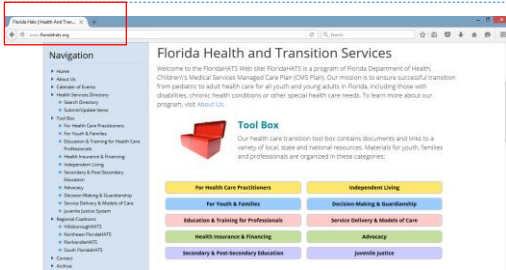
▶ 24

Care Transfer Tools

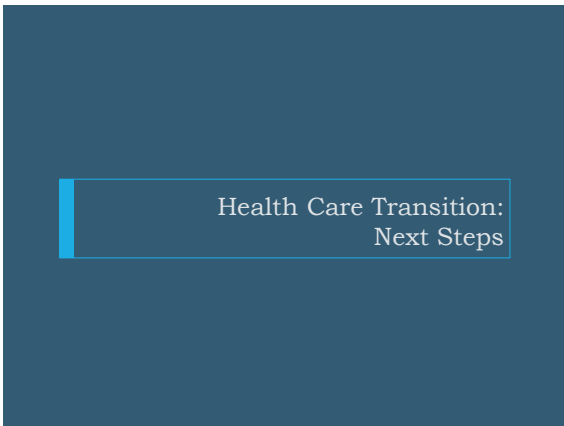
- ▶ Center for Health Care Transition Improvement Sample Policy
- ▶ Center for Medical Home Implementation Example Policy
- ▶ Path to Independence
- ▶ Six Core Elements
- ▶ Gradual Release of Responsibility

▶ 25

Summary of Tools



▶ 26



Join FloridaHATS to Improve Care

- ▶ Connect students and families to resources
- ▶ Sign up for the FloridaHATS mailing list
- ▶ Participate in webinars
- ▶ Join your regional coalition
- ▶ Become a transition champion in your school!

▶ 28

Up Next!

- ▶ Continuing education activity

▶ 29
