Module 9: Conclusion

Wrapping Up - Getting Started!
- Key points
- Using tools
- Choose next steps

Introduction to Transition
- Health care transition is a process
- Best started early
- Foundation for successful overall transition
- Within existing school-based transition prep
HCT = Successful Transition to Adulthood

- Work and independent living rely on health
- Addressing health care transition assures
  - Healthy
  - Ready to work
  - Fully participate in community

HCT & YSHCN

- YSHCN:
  - Chronic physical conditions
  - Developmental conditions
  - Common chronic conditions
  - Elevated level of service needs
- 1/3 of Florida students in special education are YSHCN
- Adverse learning impacts
- Increased importance of transition

Working with Parents during Transition

- Independence in self-care
- Build gradually
- Practice
Adolescent Development and Transition
- Developmental processes
- Transition stages
- Support self-efficacy

Working with Health Care Community
- Healthcare transition:
  - Youth taking responsibility for own health care
  - Transfer older to adult-oriented providers
- Successful transition to adulthood is interdependent with health care transition
- Educators and health care providers are natural partners during transition preparation

Health Insurance and Transition
- Specific information for individual needs
- Dense, but important
- Be persistent!
Legal and Financial Considerations

- Range of options
- Use the transition plan
- Start early

Assessing HCT Skills

- Assess annually
- Planning Guides support TRAQ
- All students start with first guide
- Use this to make mandated activities easier

Developing Health Care Skills

- Include health care skills when creating IHPs/504s/IEPs
- Address 1-3 skills
- Tailor tools & activities to individual needs
- Review and update at plan meetings
Care Transfer

- Care transfer akin to culture shock
- Prepare student for care transfer
  - Event itself
  - New providers
- Goal: Avoid interruptions in care

Health Care Transition: Resources

Florida HATS

Florida Health and Transition Services

Navigation
- Home
- About Us
- Services
- Resources
- News & Updates
- Contact Us

Tool Box
- New health and transition resources can be found in this section, including helpful tools and tips for managing health care transitions.
FloridaHATS Tools

- TRAQ
- 3 Planning Guides
- 3 Activity Booklets
- Transition 2 Go: Guardianship
- Transition 2 Go: VR
- Transition Health Care Summary
- Just the Facts: Insurance Guide

Got Transition

- 6 Core Elements
- Tools for Family Medicine
- Tools for Internists
- Sample transition policy
- Facebook page for youth
- Newsletter for caregivers

Adolescent Development Resources

- Bright Futures 3rd Edition Pocket Guide
- Gradual Release of Responsibility resource
- Self-Efficacy Tip Sheet – Providers
- Self-Efficacy Guidance – Caregivers
- Sexuality Across the Lifespan for Children and Adolescents with Developmental Disabilities
Tools for Working with Health Care Community

- CMS Plan
- Care coordinators
- Path to Independence
- Got Transition
- Task Force Report
- Complementary training for medical providers

Tools for Health Insurance

- healthcare.gov/young-adults
- healthykids.org
- Florida Division of Consumer Services
- Extraordinary Parent Navigators
- Agency for Persons with Disabilities

Financial Tools

- Ticket to Work
- Plan for Achieving Self-Support
- Vocational Rehabilitation
- Centers for Independent Living listing
- Benefits for Children with Disabilities
- ssa.gov
- Disability Determination Services in Florida
Decision-Making Tools

- Legal Guide for New Adults
- Florida Disability Rights
- Guardianship application form
- Center for Supported Decision-Making

Tools for Assessing HCT Readiness

- TRAQ
- Planning Guides
- Center for Transition Improvement
- Illinois Transition Care Project
- Weisman
- Florida Department of Education

Tools for Developing HC Skills

- My Health Care: Student Curriculum
- What's Health Got to Do with Transition? Student Curriculum
- Transition Plan
- Since You're Not a Kid Anymore
- Now That You're in High School
- When You're 18, You're in Charge
- Health Care Transition Summary

- My Health Passport
- What’s Health Got to Do with Transition? Student Curriculum
- Transition Plan
- Since You're Not a Kid Anymore
- Now That You're in High School
- When You're 18, You're in Charge
- Health Care Transition Summary

- Downloadable apps
- My Medical
- My Med Schedule
- Project 10
- Health Goals and IEPs
- Embedding Health Goals and IEPs
- FAAST
- Assistive Technology
- Equipment
Care Transfer Tools

- Center for Health Care Transition Improvement Sample Policy
- Center for Medical Home Implementation Example Policy
- Path to Independence
- Six Core Elements
- Gradual Release of Responsibility

Summary of Tools

Health Care Transition: Next Steps
Join FloridaHATS to Improve Care

- Connect students and families to resources
- Sign up for the FloridaHATS mailing list
- Participate in webinars
- Join your regional coalition
- Become a transition champion in your school!

Up Next!

- Continuing education activity