Module 10: Conclusion

Getting Started!

- Key points
- Using tools
- Next steps
- Claim CME/CE credit

Introduction to Transition

- Transition is a process
- Best started early
- For ALL youth

Adolescent Development and Transition

- Developmental processes
- Transition stages
- Support self-efficacy

Working with Caregivers during Transition

- Independence in self-care
- Build gradually
- Practice

Assessing Transition Readiness

- Assess annually
- Planning Guides support TRAQ
- All patients start with first guide

Developing Patient Skills

- Create plan to address 1-3 skills
- Tailor to individual needs
- Update annually with reassessment

Legal and Financial Considerations

- Range of options
- Use transition plan
- Start early

Health Insurance and Transition

- Specific information for individual needs
- Dense, but important
- Be persistent!

Working with Adult Medicine

- Adult medicine is new to transition
- Adult medicine best qualified for adults' care
- Support colleagues to address shortage

Care Transfer

- Care transfer akin to culture shock
- Prepare patient for care transfer
  - Event itself
  - New providers
- Goal: Avoid interruptions in care

Health Care Transition: Resources

FloridaHATS

FloridaHATS — Graduating from pediatric to adult health care

Navigation

- Home
- ⊞ About FloridaHATS
- Calendar of Events
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Home

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Florida Health and Transition Services (HATS)

Welcome to the FloridaHATS Web site! FloridaHATS is a collaborative initiative of the Florida Department of Health, Children's Medical Services Network, Florida Developmental Disabilities Council, and other partners throughout the state.

Our Mission

To ensure successful transition from pediatric to adult health care for all youth and young adults in Florida, including those with disabilities, chronic health conditions or other special health care needs.

Our Vision

All youth in Florida will successfully transition to every aspect of adult life, including adult health care, work, and independence.

Our Values

Youth and young adults will:

1. Participate in decision-making at all levels, and be satisfied with the services they receive,
2. Receive coordinated, ongoing, comprehensive care within a medical home,
3. Have adequate private and/or public insurance to pay for the services they need,
4. Be continuously screened to detect other conditions and prevent secondary disabilities,
5. Access community-based systems that are integrated, collaborative, and organized so they can be easily used, and
6. Will receive services that meet their physical, social, and developmental needs.

FloridaHATS Tools

- TRAQ
- 3 Planning Guides
- 3 Self-Advocacy Booklets
- Transition 2 Go: Guardianship
- Transition 2 Go:VR
- Transition Health Care Summary
- Just the Facts: Insurance Guide

Got Transition

- 6 Core Elements
- Tools for Family Medicine, Internists, and Specialists
- Coding & reimbursement tip sheet
- Sample transition policy
- Facebook page for youth
- Newsletter for caregivers

American College of Physicians

- Targets primary care and specialists
- Integrating new transition-age patients into practice
- Condition specific tools

Tools from Module 2

- Bright Futures 3rd Edition Pocket Guide
- Bright Futures 3rd Edition Visit Planner & Visit Forms
- Self-Efficacy Tip Sheet – Providers
- Self-Efficacy Guidance – Caregivers
- Sexuality Across the Lifespan for Children and Adolescents with Developmental Disabilities

Tools from Module 3

- Path to Independence
- Seattle Children's Hospital

Tools from Module 4

- TRAQ
- Planning Guides
- Center for Health Care Transition Improvement
- Illinois Transition Care Project

Tools from Module 5

- Transition Plan
- Since You're Not a Kid Anymore
- Now That You're in High School
- When You're 18, You're in Charge
- Health Care Transition Summary
- My Health Passport
- Downloadable apps
  - My Medical
  - My Med Schedule
- Project 10
- Health Goals and IEPs
- Embedding Health Goals and IEPs
- Florida Alliance for Assistive Technology

Financial Tools from Module 6

- Ticket to Work
- Plan for Achieving Self-Support
- Vocational Rehabilitation
- Centers for Independent Living listing
- Benefits for Children with Disabilities
- ssa.gov
- Disability Determination in Florida

Guardianship Tools from Module 6

- Legal Guide for New Adults
- Florida Disability Rights
- Guardianship application form
- Video: Becoming an Adult: Legal & Financial Planning

Tools from Module 7

- healthcare.gov/young-adults
- CMS Plan
- Florida Division of Consumer Services
- Extraordinary Parent
- Navigators
- Agency for Persons with Disabilities
- healthykids.org
- Healthy Kids Benefit Summary
- Florida Medicaid
- Medicaid regional offices list

Tools from Module 8

Build Referral Network

- Contact hospitals
- Adult Disability Agencies
- Florida Board of Medicine
- Florida Chapter AFP
- Florida Chapter of ACP

Educate Colleagues

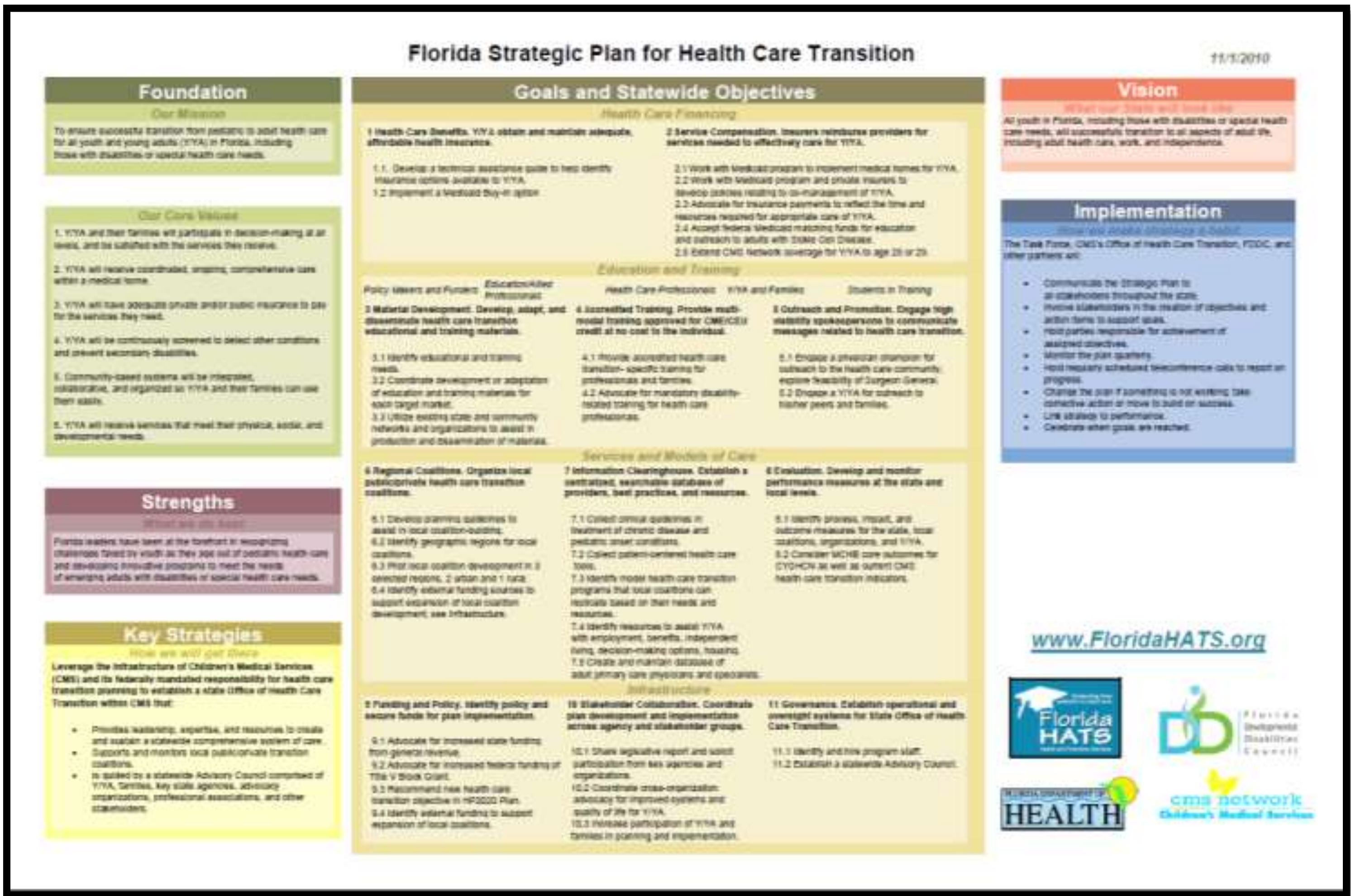
- Six Core Elements for Adult-Oriented Providers
- Grand Rounds
- Bridge visits
- Offer consultation services

Tools from Module 9

- Center for Transition Improvement Sample Policy
- Center for Medical Home Improvement Sample Policy
- Six Core Elements

Health Care Transition: Next Steps

Strategic Plan for Transition



Health Care Financing

Goal: Young people are able to work and contribute to their communities without loss of health care benefits

Education and Training

Develop and disseminate educational materials and resources for patients, families, caregivers, health care providers, teachers and other professionals

Service Delivery System

Provide guidance in identifying best practices,
establishing quality of care guidelines,
and developing model programs

Advocacy

Promote policies that empower and support young people in their transition to adult life

Join FloridaHATS to Improve Care

- Connect patients and families to resources
- Sign up for the FloridaHATS mailing list
- Participate in webinars
- Join your regional coalition
- Become a transition champion!

Interactive Questions

- What strategies are ready to implement?
- Which would be easiest?
- Which need time or resources?

Practice-Based Strategies

- Write practice transition policy
- Use TRAQ with patients
- Provide *Transition Planning Guide*
- Create annual transition plans
- Address legal, financial, and insurance needs
- Transfer care between ages 18 and 22
- Engage adult medicine

Summing It Up

Claiming CME/CE Credit

- Return to AHEC website
- Complete post-test
- Complete evaluation

Course Media Credits

- Course narrator – Kat Evans
- Patient panel videos – Utah Medical Home Integrated Services Project
- Jim Olsen and Jeff Walden interview videos – Institute for Child Health Policy, University of Florida
- Becoming an Adult: Legal & Financial Planning video – Nemours Children's Health System
- Resource images – see module citations
- All other images – from Flickr Commons or Google public domain images

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