Resources and Tools to Improve Health Care Transition in Florida

March 27, 2019

Agenda

Current Policy and Tools
State and National Resources
Questions/Discussion

Current Policy and Quality Improvement Tools for Practitioners
Why Do Adolescents Need a Structured Health Care Transition Process?

- Evidence of need for transition services
  - 2016 National Survey of Children’s Health shows that, nationally, only 16.5% of youth with special health care needs, and 14.2% without special health care needs, received the services necessary to make transitions to adult care
  - Florida is below national average: 7.5% of youth with special health care needs, and 7.0% without special health care needs, received the necessary services

- Evidence of improved outcomes with a structured approach
  - Evaluation studies indicate improvement in population health (adherence to care, perceived health and quality of life, self-care); increased patient and family satisfaction; decreased barriers to care; improved utilization of ambulatory care in adult settings; reduced hospitalizations

Sources: 2016 National Survey of Children’s Health; http://childhealthdata.org

AAP/AAP/AAP/ACP Clinical Report on Health Care Transition*

- In 2011 (and affirmed in 2018), Clinical Report on Transition published as joint policy by AAP/AAP/ACP
- Targets all youth, beginning at age 12
- Algorithmic structure with:
  - Focus on planning, transfer, integration into adult care
  - Branching for youth with special health care needs
  - Application to primary and specialty practices
- Extends through transfer of care to adult medical home and adult specialists


National Center for Health Care Transition Improvement

http://www.gottransition.org/
Six Core Elements Approach to Health Care Transition

1. Transition Policy
2. Transition Tracking and Monitoring
3. Transition Readiness
4. Transition Planning
5. Transfer/Integration into Adult-Centered Care
6. Transition Completion and Ongoing Care

Customizable Tools and Templates

Download Six Core Elements templates at
www.gottransition.org/providers/index.cfmt

Six Core Elements Adapted Toolkit for Specific Conditions

www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative/condition-specific-tools
How Can Pediatric Providers Ensure a Smooth Transition to New Adult Care Providers?

One of the most effective transition tools is physician-to-physician communication.

Is There a Way to Bill for Transition Services?

- Got Transition and the American Academy of Pediatrics developed a transition payment tip sheet to support the delivery of recommended transition services in pediatric and adult primary and specialty care settings.
- The 2019 tip sheet provides a comprehensive listing of transition-related CPT codes, corresponding Medicare fees and several clinical vignettes.

Patient-Centered Medical Home Recognition

- In response to popular requests for use of the Six Core Elements for PCMH certification, Got Transition completed a series of key informant interviews with clinical and administrative leaders in the health field and developed a tip sheet.
- This resource includes an easy-to-use chart displaying specific NCQA criteria and guidance with links to related Six Core Elements tools.

https://www.gottransition.org/resourceGet.cfm?id=352

https://www.gottransition.org/resourceGet.cfm?id=444
Starting a Health Care Transition Improvement Process

This resource includes a step approach to starting a health care transition process in a practice/health care delivery system. It was developed with input from the integrated health care delivery systems who have incorporated the Six Core Elements into their practice processes.

www.gottransition.org/resourceGet.cfm?id=369

Questions?

State and National Resources for Youth, Families and Providers
Program Materials

Self-Advocacy Guides

Self-Management Videos

Short Videos
with step-by-step instructions

www.floridahats.org/for-health-care-practitioners/
http://healthytransitionsny.org/videos/
School

- Incorporate self-advocacy and self-management skills in school IEP
- Transition IEPs, which are introduced at age 14 in Florida, should outline a pathway to post-secondary independent living
- Project 10 (www.project10.info) is Florida Department of Education’s statewide transition initiative
  - Includes employment training, post-secondary education and independent living resources

Classroom Curriculum

Lesson Plans

http://healthytransitionsny.org/skills/
www.floridahats.org/secondary-post-secondary-education/

Health Insurance

- Plan for change in insurance coverage
  - Medicaid
  - Parents’ plan
  - Employer-based
  - Marketplace plans
  - Plan for change in insurance coverage

www.floridahats.org/health-insurance-financing/
Agency for Persons with Disabilities

- Individuals with a developmental disability should apply to APD as early as age 3
- Don’t wait to get on the Home and Community – Based Waiver Waiting List (called iBudget)

www.floridahats.org/independent-living/

Age of Majority

- Legal responsibilities
  - Financial
  - Decision-Making
  - Florida Bar’s #JustAdulting Legal Survival Guide for new adults
    www.justadulting.com/
- Disability benefits determined by ability to work

Decision-Making

- Consider decision making options, such as guardian advocacy
- Explore long-term financial planning options, such as a special needs trust

www.floridahats.org/decision-making-guardianship/
Decision-Making

See Nemours video at https://youtu.be/CpYfIz6BGRM

Supplemental Security Income

- Redetermination at age 18
- Stricter eligibility requirements

www.floridahats.org/independent-living/

Employment

- Apply to Division of Vocational Rehabilitation 2 years before leaving high school
- Can help pay for post-secondary education and job training programs
- Assists in job placement

www.floridahats.org/independent-living/
College Students with Disabilities


Transfer of Care

- Transfer of care
  - Primary Care
  - Specialty Care

www.floridahats.org/service-directory/search-service-directory

Web-Based Training for Professionals

- Cross-disciplinary training for practitioners in the clinical setting
- 10 modules, 15-20 minutes each
- Free CME/CE for physicians, physician assistants, LPNs, RNs, and other allied health professionals, through Florida AHEC Network at www.aheceducation.com
- Modules also posted on www.FloridaHATS.org

www.floridahats.org/service-directory/search-service-directory
Web-Based Training for Professionals

- Training for teachers, school nurses and other professionals in the school setting
  - Available at www.FloridaHATS.org

Other Transition Resources

- Assistive Technology and Equipment
  - FAAT

- Independent Living
  - Centers for Independent Living

- Housing
  - Housing in Florida: A Resource Guide for Individuals with Developmental Disabilities

- Transportation
  - Florida Community Disability and Transportation Services

Follow Up Questions?

Title V Coaches

Northwest Region
North Central Region
Nancy Hayden
Debra Faulkner@Health.gov
600-543-5918

Big Bend Region
North Central Region
Sierra Jago@Health.gov
600-481-0972

South Region
Southwest Region
Central Region
Sofia Thames
Sofia Thames@Health.gov
850-855-3023

Follow Up Questions?