HillsboroughHATS Coalition Meeting Minutes  
December 12, 2019  
Meeting held via Webinar/Teleconference

In attendance: Joanne Angel, Katrina Bales, Dr. Janet Hess, Julie Perez, Darlene Tabulov

Welcome and Introductions

I. 7th Annual Creating a Plan for the Future Workshop – Katrina Bales
- Event attended by Katrina Bales and Dr. Janet Hess
- Over 200 participants registered for the event
- Dr. Janet Hess hosted a breakout session on Preparing Teens for Transition to Adult Health Care: 10 Steps to Successful Health Care Transition; there were about 10 attendees who were very engaged in the talk
- HillsboroughHats hosted a vendor table and distributed handouts and informational materials to families, clients, and providers. The most engagement by recipients resulted from materials and tools that focused on how to talk to providers about transition and encouraging conversations with their youth/young adults.

II. FloridaHATS Information Guide Updated – Katrina Bales
- If members would like hardcopies of the new brochures, please contact Dr. Janet Hess; brochures are available for pickup at the South Tampa Center.

III. Children’s Medical Services Title V Update – Joanne Angel, Executive Community Health Nursing Director
- The Title V Specialist team consists of Charity Proffitt who will be focusing on families as the Family Partner, Darlene Tabulov, RN who will be focusing on the nursing aspect, and Lesley Morton who will be focusing on the social worker.
- Program will be focusing on 3 main initiatives: Medical Home, Transition, and Integration of Behavioral Health in Pediatric Practices.
- Specialist team has been going through intensive training to become expert resources on the information matter pertaining to the initiatives.
- Role is to provide support, information, and guidance to provider practices; develop relationships, engage providers one-on-one, and provide informational resources.
- Specialist team is also participating in community health events; Darlene and Charity have attended one recently; transition brochure was distributed at vendor table with families positively receiving this information; tools regarding the health passport and how to speak to providers generated the most active interest, so the plan is to print out some of these individual resources to take to future events to build momentum and show families how to access these resources online; will also engage providers with these resources and how to better distribute to their clients.
- The Office of Children’s Medical Services is required to perform a comprehensive Needs Assessment every five years; that time is again upon us; the purpose of the assessment is to identify gaps in coverage, what are our strengths, and what opportunities exist within our system of care; there have been activities across the State to review and discuss, and so far, of the three initiatives, the initiative that continues to rise to the top is the Behavioral Health integration in practices.

IV. Announcements
- Gazing into the Future event is scheduled at Plant High School on Thursday, February 6, 2020, from 4:30 to 6:00

V. Meeting Adjourned
Visit www.FloridaHATS.org for transition tools. Large print, Spanish and Haitian Creole versions are available.

Tools include:

Since You're Not a Kid Anymore, Now That You're in High School and When You're 18
Three agespecific versions of this 30-page guide contain information and activities to help young people take a more active role in managing their health care. Available in Spanish.

Age-Specific Planning Workbooks
These planning guides for ages 12–14, 15–17 and 18+ are designed to help parents and youth look at future goals and develop a health care transition plan. Spanish and English versions can be completed online or downloaded.

Talking With Your Doctor and Other Healthcare Professionals
This 18-minute video teaches teens how to communicate effectively with health care providers.

What’s Health Got to Do with Transition?
A 40-hour classroom curriculum for high school students in special education that is designed to support health literacy, self-determination, and health care self-management; includes a step-by-step teacher’s guide.

A Guide to the Florida Juvenile Justice System
For families of youth with disabilities or chronic health conditions who have been referred to Florida Department of Juvenile Justice, in an easy-to-read FAQ format. Available in Spanish and Haitian Creole.

Just the Facts: The 411 on Health Insurance for Young Adults Ages 18–20 in Florida
This guide is designed to help all young adults in Florida identify, access and maintain health insurance coverage that meets their needs. Available in Spanish and Haitian Creole.

Health Services Directory for Young Adults
This web-based directory lists health-related services and programs for young adults living in Florida, searchable by community and type of service. It also provides links to other useful directories.

10 Steps to Successful Health Care Transition
A short, but valuable handout for families and youth of all ages. Available in Spanish and Haitian Creole.

Transition 2 Go
A series of informational briefs about public assistance and social service programs for adults with disabilities or chronic health conditions in Florida. Available in Spanish and Haitian Creole.

How Parents Can Be Effective Advocates in the Individualized Education Program (IEP) Meeting
A short guide outlining 10 steps that parents of students with disabilities can use to prepare for school IEP meetings. Available in Spanish and Haitian Creole.

Health Care Transition Training Program for Professionals
FREE CME/CE Credits! This web-based training provides a comprehensive overview of how professionals can help prepare youth for their eventual transition to adult health care. Free continuing education credits are available to physicians, nurses, psychologists, social workers, mental health counselors and dentists.

Healthy Transition Mobile App
Healthy Transition is a mobile app from the University of Delaware’s Center for Disabilities Studies created to help youth and young adults with special health care needs build skills for independence and manage their own healthcare. Download for free from iTunes or Google Play.

Young people who do not receive age-appropriate and preventative care are more likely to experience complications that affect their quality of life and ability to work and contribute to their community.

Learn more. Contact: Janet Hess, PhD, MPH, Project Director, University of South Florida, (813) 259-6604, jahess@health.usf.edu
GNS.CSHCN@health.gov
Visit www.FloridaHATS.org

18.
It’s that kind of milestone.

Florida Health and Transition Services — FloridaHATS — ensures that all youth and young adults, including those with disabilities or chronic conditions, successfully transition from pediatric to adult-oriented systems of health care.
FloridaHATS provides leadership in bringing together consumers and service providers to address the complex issues associated with health care transition. We focus on 4 areas:

- Advocacy
- Education & Training
- Service Delivery Systems
- Health Care Financing

Advocates in Florida have worked hard to raise awareness of the problems young people with disabilities or chronic health conditions face as they age out of pediatric health care. Problems include finding adult providers, difficulty obtaining health insurance, and not being prepared to manage their own health.

Florida Department of Health's Children's Medical Services (CMS) has teamed up with the University of South Florida and Florida Developmental Disabilities Council to improve health care transition for youth and young adults.

The goal of Florida Health and Transition Services (FloridaHATS) is to help youth transition to adult health care. Successful transition consists of the progression of youth and young adults from a dependent to an independent life, including adult health care, work and taking on adult responsibilities.

FloridaHATS is a collaborative program of the Florida Department of Health's Children's Medical Services, the Florida Developmental Disabilities Council, Inc. and other partners throughout the state. We support and empower young people as they enter every aspect of adult life: health care, work and independent living.

**Health Care Financing**

Health insurance is a major concern for many youth with disabilities or chronic health conditions as they turn 18 years of age. To assist youth and young adults with this transition a brochure titled, "Just the Facts: 411 on Health Insurance for Young Adults Age 18–30 in Florida" was developed. The brochure outlines the health insurance options available to young adults living in Florida. A website edition is also available at www.FloridaHATS.org. Insurers and other funders help to develop policies that support patient-centered medical homes for youth and young adults. This includes activities such as care coordination and assistance in managing their medical needs.

**Education & Training**

FloridaHATS links with partners to develop and provide educational materials and resources for youth, young adults and caregivers. These resources help young people better manage their medical conditions by encouraging them to participate in their own decision making and to choose providers that meet their needs and identify community-based resources that are easy to use. Educational materials and resources are available for teachers and health care providers.

**Service Delivery Systems**

Our network of health care experts, including youth and family partners, provides guidance in identifying the best way to provide services, establish quality and develop model programs. FloridaHATS works with communities to develop service networks called Regional Coalitions. To date, there are four Regional Coalition sites:

- HillsboroughHATS
- PanhandleHATS
- Northeast FloridaHATS
- South FloridaHATS

JustHATS is a nationally recognized medical home program for transitioning youth and young adults in Jacksonville and is an example of a service delivery system.

**Advocacy**

FloridaHATS works on behalf of all youth and young adults, including those with special health care needs. This is done in partnership with advocacy groups and organizations throughout the state, including Family Café and Family Network on Disabilities.

**Peer Mentoring Programs**

Future goals include the development of peer mentoring programs to assist youth and young adults with transition. The peer-to-peer program will provide a natural support system to grow and develop new skills and with.